

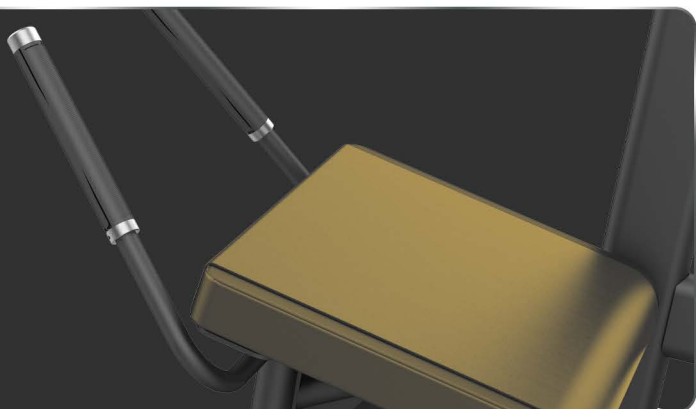
**SH-G6911**

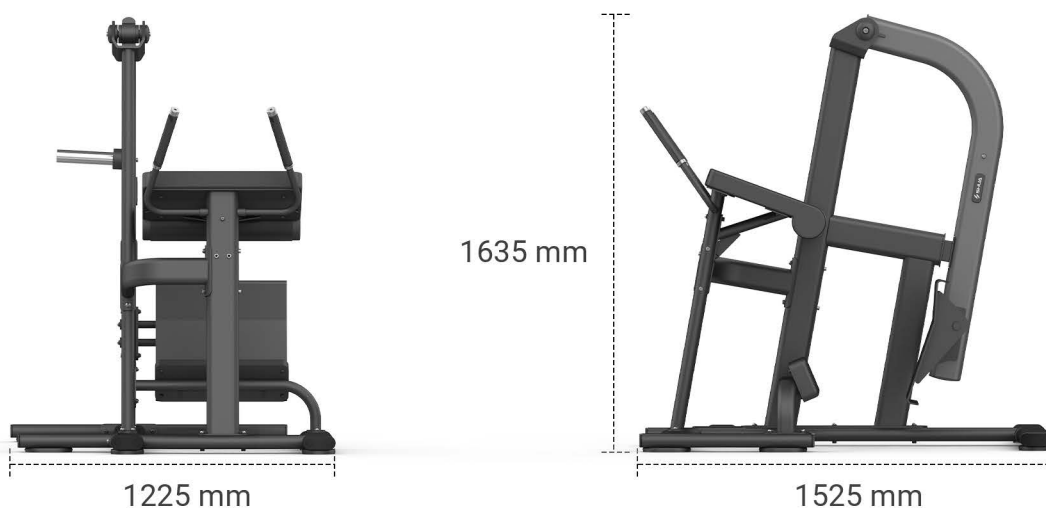
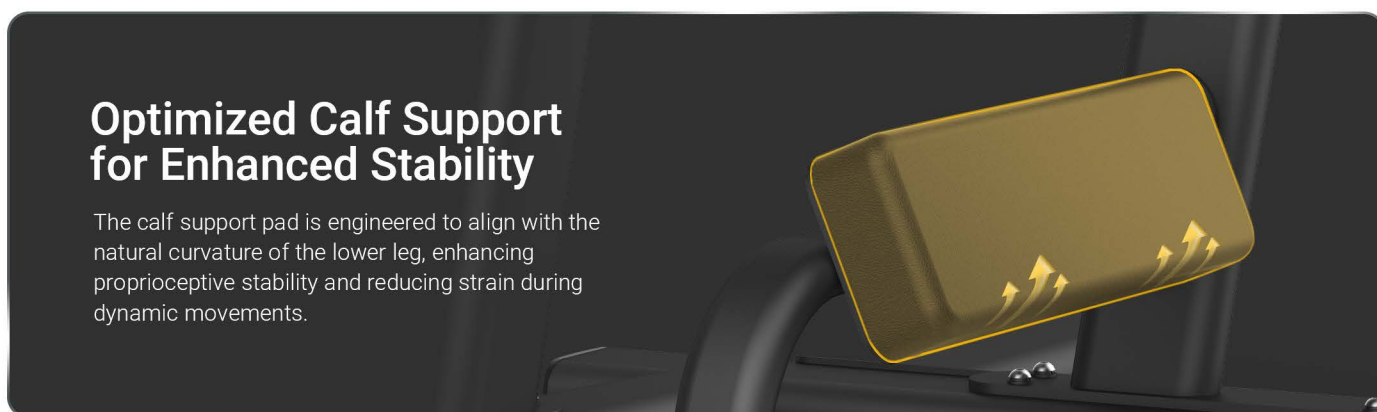
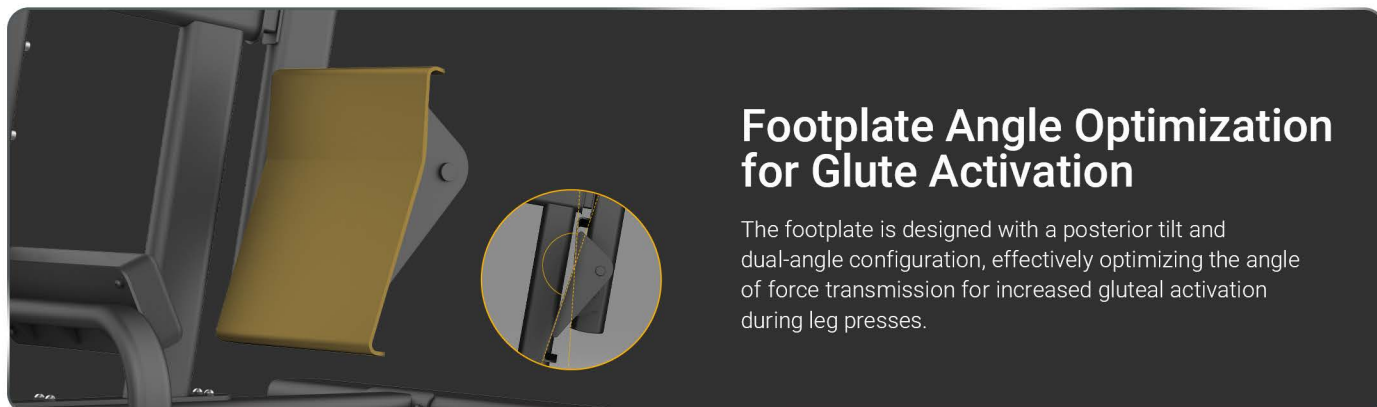
Elevated Weight Plate Hook for Improved Power Curve

The elevated weight plate hook modifies the resistance curve, facilitating a more efficient load progression and enhancing overall training efficacy.

Adjustable Chest & Elbow Pads for Diverse User Needs

The integrated chest and elbow pads offer adjustable settings, ensuring ergonomic support for users of varying heights and body types.





PRODUCT SPECIFICATIONS

Dimension	1525 × 1225 × 1635 mm / 60 × 48 × 64 in
Max User Weight	200 kg / 441 lbs
Max Training Weight	200 kg / 441 lbs
Muscles	Gluteus; Hamstrings; Quadriceps
N.W.	121 kg / 267 lbs
G.W.	153 kg / 337 lbs
Loading Capacity	20GP: 24 units / 40HQ: 65 units